Let's Beach!
a celebration and a good cause

Feed your brain

Sons of Beaches
Making music for 20 years
Let's Beach!

A fun summer celebration and a good cause

Sunday, July 12, 1pm – 6pm
at the scenic Balmy Beach Club

Join the Beaches Living Guide & Beaches|Life for a fun summer celebration on the beach. Mingle with your neighbours, local business owners, artists and community groups while raising money to help create the magic of a wish for a special child.

Delicious BBQ and beverages available on the patio

Great Door Prizes!

Silent Art Auction of original small (8"x10") paintings by local artists. Starting bids from just $50!

Check out the Beaches Mini Marketplace

Tickets $10 in advance or $15 at the door
Check beachesliving.ca/letsbeach for event updates and a list of local shops where you can get your tickets

* Rain or Shine. No Strollers.

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Oh Canada... Celebrate Our Nation’s Birthday Together

On the Cover
Sons of Beaches
Good Music for a Good Cause

Stop Recycling...

my Secret Beaches Spot

How to Help Your Kids Get the Most From Summer

Things My Father Taught Me

Woman’s Catering Business

You Ask... Answer.

Food talk
Good Things Do Grow in Ontario

Coming, going & on the move

A Place Where Everyone Knows Your Name

Free 411 by Google

Have Your Say

How to keep your home safe and sound this summer

Check out...
Celebrate Our Nation’s Birthday Together

Let’s party it up this July 1! As Canadians we tend to be a bit shy about flag waving compared to our neighbours from the south. Our country’s birthday is around the corner, let’s make the Beaches community the most flag waving place in Toronto, and maybe even the Country!

Just as a reminder, Canada ranks right at the top of the list in terms of Quality of Life (according to an annual United Nations survey). We have the most educated people and the highest literacy rate in the world. Plus Canadians live longer than anyone on the planet, except people in Japan and Iceland.

For history buffs, Canada became a nation in 1867 with the passing of “The British North America Act.” We became fully independent of Britain in 1982 and got our own flag in 1965.

So let’s all show some Canadian spirit and together celebrate this great country. Oh Canada!

Flag Waving Together!

How to Celebrate Big this July 1st

1. Displaying a flag on the front of your house, your apartment window, or the back window of your car!
2. Hold an All-Canadian Barbecue, with BBQ flank steak, corn on the cob, Chippewa fried bread and a locally grown salad with a dressing of cider vinegar and Canadian maple syrup.
3. Delight friends and family with a Canadian flag dessert. Make a rectangular cake, with white icing. Add a wide red stripe at each end and a maple leaf in the middle. You can use red sprinkles, cherries or sliced strawberries.

Custom Beaches Greeting Cards & Photographs

A wide selection of affordable Beaches greeting cards, large size photographs and gift items by local artists.

Order yours at beachesliving.ca/beachshop
Sons of Beaches grew up locally and attended Malvern, Neil McNeil and Danforth Tech schools. Brothers Frank and Patrick were both bitten by the musical bug at an early age. Although they were both active in music—Frank singing in rock bands since the mid-80s and his brother Patrick playing piano—they never really performed together.

Mike came from a history of singers, son of Harry Harding, a successful doo-wop vocalist in the 50s and 60s. Mike started singing at his school’s talent shows. In the early 1990s, Parks and Recreation planned an event at Kew Gardens Park for the camp and playground kids. Since Frank, Patrick and Mike worked at local recreation centres, they decided to get together to do a little staff performance for fun. They all sang lead vocals, Frank played guitar, Patrick on keyboards, and Mike turned an upside down garbage bin into a drum.

Franks remembers how the band was formed and got its name, “We started to rehearse in the Beaches Recreation Centre change room and noticed how well our three-part harmony blended, especially to the songs from the 50s and 60s. There, the Sons of Beaches was born.”

After the Kew Gardens’ camp show, the band started to do special events and fundraisers in the area. They have performed at hundreds of weddings and dances and eventually started hosting jam nights in local bars.

When the band is not performing, Frank and Patrick work full-time running the Beaches Recreation Centre and Oakridge Community Centre. Mike is a full time disc jockey performing in clubs and for business functions. Frank continues to tour with several bands around the Toronto area and he hosts a weekly jam session at Fitzgeralds pub. Patrick has recorded a full CD and does an incredible Billy Joel tribute show.

Sons of Beaches has not forgotten how they got started. “Almost 20 years later we still get together for small local school fundraisers, community events and street festivals. We also play large annual events like the Canada Day celebration in Thompson Park. Anything that needs good music for a good cause,” Frank tells us.

PS—if you haven’t figured it out already, Frank and Patrick are the sons of Gene Domagala, well known local historian.

Sons of Beaches will be playing at “Let’s Beach”, summer celebration event at the Balmy Beach Clubhouse on Sunday, July 12 from 1-6 pm.

For event details, see page 2 or visit beachesliving.ca/letsbeach
Items that should NEVER be tossed into your blue box

**Hazardous Waste**
Gas cylinders, batteries (must not be put in garbage, take to Drop-off Depot)

**Plastic**
Toys, make-up jars, caulking tubes, food storage containers, pails with metal handles, motor oil jugs, plant trays, flower pots, CD/DVD cases, plates, glasses, cutlery, packing peanuts (i.e. popcorn)

**Plastic (clear)**
Egg cartons, fruit and vegetable containers, takeout food containers, molded bakery item trays

**Plastic (bags/wrap)**
Plastic over-wrap (on pop cartons, water bottles, toilet paper, etc.) bags holding flyers, dry cleaning, milk (outer and inner), produce, bread, sandwich and plastic food wrap

**Glass**
Drinking glasses, dishes, cups, crystal, window glass, light bulbs, mirrors, pottery, pots and pans, make-up jars

**Metal**
Coat hangers, pots

**Aluminum**
Foil food wrap, potato chip bags, metallic gift wrap

**Fibers**
Tissues, waxed paper, foil gift wrap, waxed cardboard

**Note:** Some of these items can be recycled at a Drop-off Depot or a Community Environment Day event.

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**STOP RECYCLING**

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**First Impressions by Jaimco**
Sales & Installation of all types of doors & windows.
Custom Work – Our Specialty

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**Spring is here!**

**Jaimco pays all of the taxes!**

**Bonus Offer!**
Receive 10% off all Safe Door Systems® ordered *

Valid only until August 15, 2009. Present this coupon in any of our showrooms. One coupon per household. “Safe Door Systems” only valid for orders involving installation services. Not valid on retail sales. 

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**Have Camera Will Travel**

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**Dr. Jeff Margolian, Dentist**
WE WELCOME NEW PATIENTS
Free custom take home teeth bleaching with custom trays and professional bleach for every new patient with new patient exam, cleaning and x-rays, value $350. Call for details.

Call Alex at 416 699-2914

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**Christina Choma**
I was surprised to come upon this barn so obviously from the “horse and buggy” days, yet so near to Queen St. On one visit I met a neighbour who informed me that it had to be around 100 years old, if not more. And it’s still in such good condition! I’m delighted that we preserve such interesting historic buildings in the Beaches area.

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**Your Secret Beaches Spot**
Send us a photo by email or mail plus a 75-100 word description of your Secret Beaches Spot and Beaches|life may feature your place (not so secret now!) in an upcoming issue.

Email us at: info@beachesliving.ca

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**Congratulations to...**
Jean Kluwak, Heather Davidson and Mitch Pulkys for knowing that April’s secret Beaches spot is from Ashbridges Bay park. Many runners refer this area as ‘the Peanut’. We received the most answers from our readers for April’s contest. Thanks to everyone for your correct answers, excitement, and in some cases, personal experiences.

**Answer to win**
Do you recognize this photo? If you can tell us where the photo was taken, you become eligible to win movie passes for two to the Fox Theatre. Three winners will be chosen. Send in your answer by July 15, 2009.

Email your answer to: info@beachesliving.ca

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**Christina Choma**

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Eat Well. Get Smart!

Imagine a diet that can make you smarter! Recent studies have shown that certain nutrients may have significantly positive effects on the brain. Some foods actually maximize your brain’s potential, others protect against diseases that affect the brain.

- **Egg yolks** – for brain function
- **Spinach** – protects against age-related issues
- **Yellow-fin tuna** – protects against Alzheimer’s
- **Cranberries** – improve memory
- **Sweet potatoes** – nourish the brain
- **Strawberries** – reduce age-related decline

- **Kidney beans** – improve your thinking
- **Raisin Bran** – reduces migraines and headaches
- **Lamb loin** – helps concentration
- **Other foods** – wheat germ, olive oil, dark chocolate and flaxseed.

Also see: www.thedietchannel.com

BUDGET BLINDS® OFFERS ENERGY SAVING TIPS TO HOMEOWNERS

Use Window Coverings and Accessories to Cut Energy Costs

Spring & Summer for many Beach homeowners means planning home improvements that are both environmentally friendly and fiscally sound.

“People are always interested in finding ways to improve the appearance of their homes and keep more money in their pockets at the same time”, said John Fulford-Brown of Budget Blinds in the Beach, “We have a great line of products that will help homeowners maintain a comfortable home and decrease the amount of energy they use.”

Heating and cooling in our homes account for nearly 56% of energy use. Read some tips for reducing these costs through effective window treatments:

- All window coverings have insulating properties but some do a better job than others.
- Shutters and wood blinds are great but cellular shades provide the best insulation or ‘R’ value for retaining cool air in summer and warm air in winter.
- Thermal lining in drapery panels and Roman shades increases heat retention and reduces heat loss.
- Solar screens are sleek, stylish treatments that cut UV rays up to 95% but allow a view.
- Window film can reduce air conditioning costs up to 30–40%.
- Certain motorization packages allow homeowners to program the operation of their window treatments to prevent the summer sun from heating rooms in the afternoon.

Budget Blinds has a variety of environmentally-friendly products made from recycled or renewable resources. And Homeowners looking to reduce the number of chemical emissions in their homes should ask about our GREENGUARD certified products. To cut energy use, create a healthier environment or encourage conservation, your local Budget Blinds Style Consultant can help you find the ideal window covering.

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Affordable and Custom Window coverings that fit your style and budget

- **Shutters**
- **Draperies**
- **Wood Blinds**
- **Cellular Shades**
- **Roller Shades**
- **Vertical Blinds**
- **Valsances**
- **Woven Woods**

“Expert Fit”

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Call Today for a FREE In-Home Consultation

416-691-2800

www.budgetblinds.com

637 Kingston Road at Main St.
How To Help Your Kids Get The Most From Summer

Summer flies by for adults, but for children, it seems almost endless. Here are a few tips to make sure your kids get the most from summer:

1. Plan a day at the Beach or a picnic on Toronto Island.
2. Combine a hike with a scavenger hunt, perhaps through a local park or ravine.
3. Let them camp out, even if it’s just in the backyard.
4. Set up a lemonade stand or sell iced green tea!
5. Schedule some “electronic free” time without the cell phone, TV or iPod!
6. A trip to the Ontario Science Centre – one of the best in the World!

Things My Father Taught Me

Most of us remember things our fathers taught us, perhaps when we were very young or even as a rebellious teenager! This Father’s Day, say “thanks dad”.

THANK YOU FOR...

Showing me how to ride a bike... by taking off my training wheels, even though I begged you not to.

Teaching me the perfect slap shot... when I should have been inside practising piano.

Reminding me to tell mom that she looks great... even when she looked really tired.

Insisting that I stay in school... when all I wanted to do was perfect that slap shot.

Promising to teach me how to tie my first tie for the prom... but forgetting what time I had to leave – therefore forcing me to learn on my own.

Teaching me to drive a car... and then paying for professional driving lessons.

But most of all, thanks dad for always encouraging me to be the best that I can be!

Invisalign

Invisalign® is the clear way to straighten teeth using a series of removable, comfortable, invisible Aligners that gradually move your teeth – without metal wires or brackets. Smile more with Invisalign.

Dr. Jay Rabinovich, Dentist
416-699-0501
2480 Gerrard Street East, Suite 3

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www.hoopersheath.com

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Summer – June/July 2009

12 Beaches | life

Beaches | life Summer – June/July 2009 13
The Beaches is home to the owner of one of Toronto’s most successful catering businesses, “Feast Your Eyes”. Owner and senior event planner, Linda (Lin) Bennett, “loves the energy in the community” and recently began promoting her business in the neighbourhood. One recent event in the neighbourhood was an in-store celebration at a local store, Vernissage Jewellery.

“We are particularly known for our presentation,” she explains, “the way we display our tables and our food is truly a ‘feast for your eyes’ because you eat with your eyes first before you even taste the delicious food.”

Lin started her business 28 years ago and today she employs 15 full time chefs, event planners and specialty staff who bring her clients everything from a more straightforward meeting meal to an elaborate, themed event. Although cocktail receptions are a favourite, she has theme parties according to generations (1950s, 60s and 70s) as well as Halloween, Valentine’s, family celebrations such as Bar Mitzvahs, anniversaries and birthdays, weddings, award and recognition ceremonies, openings and galas.

One of the more popular themes this year has been Beach parties and BBQ events with a whole roasted pig. Fortunately, Feast Your Eyes will provide the whole pig “pre-roasted” for those who prefer an event without the 6 hours of on-site preparation!

Although most events are in the GTA, Feast Your Eyes has also traveled across Canada. So has Lin gotten tired of thinking up themes and planning events after so many years?

“I love it,” she says, “I love the planning, and it is really fun to come up with ideas for people.”

Contact Feast Your Eyes at www.feastyoureyes.ca • 416-699-1212

You Ask... Answer.

Beaches Life is often asked questions about the Beaches neighbourhood. Who better to answer them than you, our knowledgeable readers?

In each issue we will publish selected questions from our readers for you to answer. In the following issue, we will share the best answers.

The answer from the last issue comes from Kym W.

The Leuty Lifeguard Station was built in 1921. Used by lifeguards during public swimming times. This has become an icon for the Beaches community.

This issue’s question is from Fran B.

One morning recently I awoke recently to discover this charming creature on the back porch of my house, which stands three doors from the lake. Does anyone know what it is?

Do you know the answer?

Do you have a question of your own?

Send it in!

Email info@beachesliving.ca or call 416-690-4269.
Food talk
Good things do grow in Ontario

The best time for seasonal fresh produce.
After a long winter, Ontario’s spring growing season starts to bear fruit - literally. Welcome to the beginning of the best eating months of the year!

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Local Farmers’ Markets
June is the beginning of Farmers’ Market season, an excellent way to access the very best fruit and vegetables.

Birchcliff Village Farmers’ Market
St. Nicholas Church, 1512 Kingston Rd. 416-819-1590
Fridays, 3-7 pm

For a full list of Farmers’ Markets across Ontario, visit www.farmersmarketsontario.com

Welcome new neighbours
A&L Ice Cream – 162 Main St.
Bagel World – 2018 Queen St. E.
Beach Pet-tenders – 537-B Kingston Rd.
Contemporary Computers – 1101 Queen St. E.
Ed’s Real Scoop, Leslieville – 920 Queen St. E.
Kids on the Hip – 1142 Queen St. E.
Leonidas Fresh Belgian Chocolates – 5 Coady St.
Le Papillon on the Park – 1001 Eastern Ave.
Papa Sol’s – 1966 Queen St. E.
Solar Technologies Inc. – 161 Main St.
Structube – 1863 Queen St. E.
Sweetings – 1920 Queen St. E.
The Tea Emporium – 337 Danforth Ave.

On the move
Hipo – 2220 Queen St. E.
Julia Warren, Royal LePage Estate Realty, Brokerage – 1052 Kingston Rd.
Karen Kelly Designs – the Maritimes
Mosaic Beach Studio – 1374 Danforth Ave.
Pippins Tea Company Inc. – 2098 Queen St. E.
Specchio Hair Design – 1899 Queen St. E.
The Aroma Shoppe – 2345 Queen St. E.
The Tea Emporium – 337 Danforth Ave.

Re-openings
Nevada Steakhouse – 1963 Queen St. E.

Thank you & best wishes
A Room To Bloom – 1298 Queen St. E.
Cottage on the Beach – 1966 Queen St. E.
Delicious Delight – 162 Main St.
Everest Petro Pump – 2185 Gerrard St. E.
Galactic Heroes – 2227 Queen St. E.
Gallery Delisle – 2239 Queen St. E.
Himalayan Collections – 2098 Queen St. E.
Latitude for Living – 2084 Queen St. E.
Lation Fitness Studios – 1089 Kingston Rd.
Michelangelo’s Fine Italian Cuisine – 1910 Gerrard St. E.
Michelle’s Beach House – 1955 Queen St. E.
Studio Nine – 1400 Queen St. E.
The Tanning Shop – 2116D Queen St. E.

PAPA SOL’S
Famous Italian Sandwiches
1966 Queen St. E.  (Queen & Kenilworth)  416-345-3006
Sun.-Wed. 11 am - midnight; Thur.-Sat. 11 am - 2 am
We are here to stay and are busier than ever!! Please come and show your support!!

COMPLIMENTARY PAPA SOL’S homemade fries with the purchase of any one of PAPA SOL’S gourmet Sandwiches. Present this coupon. Expires July 15, 2009

In the last issue of Beaches|life Babes in the Beach was incorrectly listed as a closing business. Our apologies to Babes in the Beach for any confusion this may have caused.

- Apples
- Apricots
- Asian Veggies
- Asparagus
- Beans
- Beets
- Blueberries
- Broccoli
- Brussels Sprouts
- Cabbage
- Carrots
- Cauliflower
- Celery
- Cherries
- Corn
- Cranberries
- Cucumber
- Eggplant
- Garlic
- Gooseberries
- Grapes
- Leeks
- Lettuce
- Mushrooms
- Nectarines
- Onions
- Parsnips
- Peaches
- Pears
- Peas
- Peppers
- Plums
- Potatoes
- Radicchio
- Radishes
- Rapini
- Raspberries
- Rhubarb
- Rutabaga
- Spinach
- Sprouts
- Squash
- Strawberries
- Sweet Potatoes
- Tomatoes
- Zucchini

If you are opening a new business in the Beaches, moving, closing, or re-opening, let us know. We will add you to the list in our next Beaches|life magazine. Contact us at: info@beachesliving.ca or 416-690-4269.
Hooper's has built its reputation as a pharmacy that offers both traditional and alternative health strategies – that is, holistic alternatives such as vitamins, herbal and homeopathic remedies. “We promote a choice,” explains Joe, “Our staff are all very knowledgeable of alternative choices and we always encourage interaction between the doctor, naturopath and the patient.”

Hooper’s also is one of a handful of pharmacies in Toronto with a “compounding room”. This is a special lab, located in store, where pharmacists prepare custom prescriptions. These may be, for example, medicine with a dosage specifically prepared for an individual’s needs. Customers come from all around the GTA to take advantage of this service.

For years Hooper’s has offered superior customer service in a friendly, personal atmosphere. Hooper’s was first established as a local pharmacy the Beaches in 1994, and in 2007 they moved to a larger, newer building. Hooper’s customers range in age from teens to seniors, but the store is a particular favourite for young professionals and families who come to the store well informed and wishing to talk about choices available to them.

Although everyone knows Joe, customers are also getting to know the other pharmacists, Maria and Ilde. A graduate of the University of Toronto, Joe loves the Beaches community, “We offer our customers a friendly atmosphere, more time, knowledgeable staff and choices,” he says.

Seniors visiting Hooper’s automatically receive a 10% discount and Hooper’s will hold one of its several Customer Appreciation days the last week of June.

Contact Hooper’s Pharmacy at www.hoopershealth.com
2136 Queen Street East
416-699-3747

Everyone knows Joe. Pharmacist Joe Hsu has been serving customers at Hooper’s Pharmacy since 1997.

“I’ve seen kids grow up to be teens, babies that now play basketball,” he laughs when describing the benefits of working at the same area for such a long time.

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Hooper’s has built its reputation as a pharmacy that offers both traditional and alternative health strategies – that is, holistic alternatives such as vitamins, herbal and homeopathic remedies. “We promote a choice,” explains Joe, “Our staff are all very knowledgeable of alternative choices and we always encourage interaction between the doctor, naturopath and the patient.”

Hooper’s also is one of a handful of pharmacies in Toronto with a “compounding room”. This is a special lab, located in store, where pharmacists prepare custom prescriptions. These may be, for example, medicine with a dosage specifically prepared for an individual’s needs. Customers come from all around the GTA to take advantage of this service.

For years Hooper’s has offered superior customer service in a friendly, personal atmosphere. Hooper’s was first established as a local pharmacy the Beaches in 1994, and in 2007 they moved to a larger, newer building. Hooper’s customers range in age from teens to seniors, but the store is a particular favourite for young professionals and families who come to the store well informed and wishing to talk about choices available to them.

Although everyone knows Joe, customers are also getting to know the other pharmacists, Maria and Ilde. A graduate of the University of Toronto, Joe loves the Beaches community, “We offer our customers a friendly atmosphere, more time, knowledgeable staff and choices,” he says.

Seniors visiting Hooper’s automatically receive a 10% discount and Hooper’s will hold one of its several Customer Appreciation days the last week of June.

Contact Hooper’s Pharmacy at www.hoopershealth.com
2136 Queen Street East
416-699-3747
THE NUTTY CHOCOLATIER

IT’S A BRITISH CANDY INVASION

Featuring All Your Favorites From The UK Including

JUST IN OFF THE BOAT EXCLUSIVE to us and next to impossible to find Taveners Drops in Fruit, lemon coffee licorice and even Caramints.

The official summer travel sweets.

Don’t forget to come in for an Ice Cream, Frozen Yogurt or Gelato and NEW THIS YEAR, Flake 99’s real vanilla ice cream with a mini flake on top!

We still have all our famous Belgian Chocolates, and Truffles, Fudge and Marshmallow Brooms, our wall of Jelly Bellies and Candy Candy Candy, Licorice and gift baskets

THE NUTTY CHOCOLATIER

We are open 10am to 9pm seven days a week!
Come for a visit down memory lane 2179 Queen Street East in the Beaches
Call or email at 416-698-5548 or nuttychocolatier@hotmail.com

We feature over 30 flavours of Walkers Crisps (British for potato chips) including Cheese & Onion, Prawn, Steak, Chicken and the New Builders Breakfast, bacon and egg and ketchup) and to wash it all down try a cold Irn Bru, Fanta, Lilt or Shandy!

Thorntons toffee is in and there is now Thorntons Diabetic Chocolates.

In response to the Beaches Living Guide Spring/Summer 2009 issue, Blanche Mitchell writes:

Have your say,
Thank you for such an informative and interesting magazine.

Beaches Living Guide is the only magazine that I read cover to cover.

I found the Arts & Crafts Architecture in the Beaches very interesting, I love reading the history of our wonderful area.

Your article on Green Roof Installation interests me very much, I doubt this could be feasible for an older house, although we have a flat roof.

Again thanks for a great magazine, you deserve the Apex Award of Excellence as the covers are wonderful and tell a story.

Thanks to our Friends of Beaches Living. To find out how you can become a friend, go to beachesliving.ca/friends

In response to the Beaches Living Guide Spring/Summer 2009 issue, Elena Bjerre Nielsen writes:

So refreshing.
Just a short note to let you know that I found the Biztalk “lighten up” very refreshing!

Thanks for putting the so-called “recession” into perspective and encouraging a change of attitude.

Negative thoughts spread like an epidemic and are not really improving anybody’s situation.

Cheers and keep up the positive spirit!

Free 411 by Google

Google’s new voice activated 411 service. It’s free, fast and easy to use. Give it a try and see how simple it is to find and connect with local businesses... and no computer is required.

Dial 1-800-GOOG-411

Say where (choose from city, street names/intersection, postal code, etc.)

Say what you’re looking for (actual business name or type of business i.e. pizza).

GOOG-411 will connect you with the business you choose. If you call from a cell phone, GOOG-411 can even send you a text message with more details and a map. Simply say “text message” or “map it.”
How to keep your home safe and sound this summer

We think that it can't happen to us, but residential robberies and home invasions do happen in our city. Although alarm systems help deter criminals, they can also give you a false sense of security. There are steps you can take, even if you have an alarm system, to stop or discourage criminals before they try to enter your home.

Door security:
Locks with key holes in the knob are NOT reliable – they can easily be forced
Doors should be mounted so hinge-bolts are not facing outwards
Install one-inch deadbolt locks on all exterior doors
Chain locks are poor security – install a wide angle viewer instead
Padlocks should be 'heel-and-toe' locking
If keys are lost or if you move, locks should be changed

Going on vacation:
Inform a neighbour of your departure and return dates
Where possible, cancel all deliveries
Arrange to have the lawn cut and walkways cleared
Use clock timers to activate lights/radios at various intervals
Have a neighbour pick up newspapers and mail
Store small valuables in a safe deposit box
Ensure all entry points are secured, including mail chutes, milk chutes, garage doors and upstairs windows
DO NOT leave notes indicating you are not at home

Source: Toronto Police

CANADIAN TIRE PLAZA

1015 Lake Shore Blvd. East
Toronto, ON :: (416) 461-4600
experience@expcommunications.ca

Our organization is in a Race for Charity for the month of June. Our goal is to raise towards 100 Rogers HiSpeed Internet Sales within the month of June. When we win our race, we will donate $1000.00 to the Canadian Tire Jumpstart foundation.
Book your reservation or purchase gift certificates online

tottospa.com

Come & Enjoy Totto’s:
• Roof top salt water hot tub
• Roof top massage
• Double massage room with waterfall
• Lakeview pedicure lounge

Group bookings are welcome

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